

ABBREVIATED CURRICULUM VITAE

PERSONAL INFORMATION

Name:	CHRISTOS KATSOURAS
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EDUCATION AND TRAINING

M.D. - Degree	University of Athens (National and Kapodistrial University of Athens)	1994- 1990
MD License Number		2545/1990
THESIS ("Lp(a) isoforms in coronary artery disease").	University of Ioannina	2000

CURRENT AND PREVIOUS APPOINTMENTS

Prof of Cardiology	Faculty of Medicine, School of Health Sciences, University of Ioannina, Greece	Feb 2022
Associate Professor of Cardiology	Faculty of Medicine, School of Health Sciences, University of Ioannina, Greece	2015
Assistant Prof Cardiology	Faculty of Medicine, School of Health Sciences, University of Ioannina, Greece	2006
Lecturer in Cardiology	Faculty of Medicine, School of Health Sciences, University of Ioannina, Greece	2001

RESEARCH INTERESTS

Pulmonary embolism, anticoagulants - left ventricular thrombus, acute coronary syndrome, heart failure, interventional cardiology research, Lp(a), WPW, epidemiology of cardiovascular disease.

HOSPITAL ADDRESS (Current Position)

Hospital:	University Hospital of Ioannina
Clinic /Department:	1 st Cardiology Department
Address:	STAVROS NIARCHOS AVENUE
Postal Code:	45500
City:	IOANNINA
Country:	GREECE

SKILLS

Cardiac Catheterization procedures (Interventional Cardiology): coronary angiography, PCI, pPCI, IVUS, FFR, OCT, rotablator etc).

CLINICAL TRIAL EXPERIENCE

RE-DUAL PCI, REPORT HF, EMPERIAL PRESERVED, EMPERIAL REDUCED, VESALIUS etc

MOST RECENT PUBLICATIONS

2024

Yao H, Chen QF, **Katsouras CS**, Lu Y, Zhou XD. Clinical characteristics of left ventricular thrombus and the use of anticoagulants in patients with dilated cardiomyopathy and sinus rhythm.

Eur J Intern Med. 2024 Jan;119:146-148. doi: 10.1016/j.ejim.2023.10.017. Epub 2023 Oct 17. PMID: 37852839.

Rammos A, Bechlioulis, Kekiopoulou A, Kekiopoulos P, **Katsouras CS**, Sioka C. Myocardial Perfusion Imaging and C-Reactive Protein in Myocardial Ischemia: A Retrospective Single-Center Study.

Life 2024, 14, 261. <https://doi.org/10.3390/life14020261>

Samara I, Moulas AN, Karanasiou G, Papadimitropoulou T, Fotiadis D, Michalis LK, **Katsouras CS**. Is it time for a retinoic acid-eluting stent or retinoic acid-coated balloon? Insights From experimental studies of systemic and local delivery of retinoids.

Hellenic J Cardiol. 2024 Mar-Apr;76:75-87. doi: 10.1016/j.hjc.2023.08.003.

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Ballas C, Lakkas L, Kardakari O, Papaioannou E, Siaravas KC, Naka KK, Michalis LK, **Katsouras CS**. In-Hospital versus Out-of-Hospital Pulmonary Embolism: Clinical Characteristics, Biochemical Markers and Echocardiographic Indices.

J Cardiovasc Dev Dis. 2024; 11(4):103. <https://doi.org/10.3390/jcdd11040103>

Nikopoulos S, Papafaklis MI, Tsompou P, Sakellarios A, Siogkas P, Sioros S, Fotiadis DI, **Katsouras CS**, Naka KK, Nikas D, et al. Virtual Hemodynamic Assessment of Coronary Lesions: The Advent of Functional Angiography and Coronary Imaging.

J Clin Med. 2024; 13(8):2243. <https://doi.org/10.3390/jcm13082243>

Qin-Fen Chen, Chao Ni, **Christos S. Katsouras**, Chenyang Liu, Hongxia Yao, Liyou Lian, Ting-Wen Shen, Jingjing Shi, Jing Zheng, Ruiyu Shi, Wan Yujing, Wei-Hong Lin, Xiao-Dong Zhou. Obesity Paradox In Patients With Acute Coronary Syndrome: Is Malnutrition The Answer?

J Nutr. 2024 Jun;154(6):1853-1860. doi: 10.1016/j.tjnut.2024.04.016. Epub 2024 Apr 16. PMID: 38614238.

Kardakari O, Ballas C, Lakkas L, Gartzonikas I, Giannou S, Lagou E, Skapinakis P, Dimakopoulos G, Konstantinidis A, Michalis LK, Naka KK, **Katsouras CS**. Quality of life after pulmonary embolism: Prospective validation of the Greek version of the PEmb-QoL questionnaire.

Hellenic J Cardiol. 2024 May-Jun;77:36-43. doi: 10.1016/j.hjc.2023.09.001. Epub 2023 Sep 10. PMID: 37699475.

Rammos A, Bechlioulis A, Chatzipanteliadou S, Sioros SA, Floros CD, Stamou I, Lakkas L, Kalogeras P, Bouratzis V, **Katsouras CS**, Michalis LK, Naka KK. The Role of Prognostic Scores in Assessing the Prognosis of Patients Admitted in the Cardiac Intensive Care Unit: Emphasis on Heart Failure Patients.

J Clin Med. 2024 May 19;13(10):2982. doi: 10.3390/jcm13102982. PMID: 38792523; PMCID: PMC11122418.

Lakkas L, **Katsouras CS**. Treatment of Pulmonary Embolism beyond Anticoagulation.

Curr Pharm Des. 2024 ;30(18):1382-1385. doi: 10.2174/0113816128308493240418075258. PMID: 38659268.

Katsouras CS. Letter by Katsouras Regarding Article, "Prognostic Significance of Different Ventricular Ectopic Burdens During Submaximal Exercise in Asymptomatic UK Biobank Subjects".

Circulation. 2024 Jul 30;150(5):e102-e103. doi: 10.1161/CIRCULATIONAHA.124.068557. Epub 2024 Jul 29. PMID: 39074181.

Chen QF, Wang L, **Katsouras CS**, Gong M, Liu C, Lian L, Chen X, Zhu X, Chen C, Feng X, Lin WH, Zhou XD. Clinical characteristics and prognostic importance of anticoagulant use in ischemic left ventricular aneurysm: a retrospective cohort study.

Nat Commun. 2024 Aug 11;15(1):6883. doi: 10.1038/s41467-024-51121-2. PMID: 39128927; PMCID: PMC11317478.

Zhang H, Zhou XD, Shapiro MD, Lip GYH, Tilg H, Valenti L, Somers VK, Byrne CD, Targher G, Yang W, Viveiros O, Opio CK, Mantzoros CS, Ryan JD, Kok KYY, Jumaev NA, Perera N, Robertson AG, Abu-Abeid A, Misra A, Wong YJ, Ruiz-Úcar E, Ospanov O, Kizilkaya MC, Luo F, Méndez-Sánchez N, Zuluaga M, Lonardo A, Al Momani H, Toro-Huamanchumo CJ, Adams L, Al-Busafi SA, Sharara AI, Chan WK, Abbas SI, Sookoian S, Treeprasertsuk S, Ocamá P, Alswat K, Kong AP, Ataya K, Lim-Loo MC, Oviedo RJ, Szepletowski O, Fouad Y, Zhang H, Abdelbaki TN, **Katsouras CS**, Prasad A, Thaher O, Ali A, Molina GA, Sung KC, Chen QF, Lesmana CRA, Zheng MH. Global burden of metabolic diseases, 1990-2021.

Metabolism. 2024 Nov;160:155999. doi: 10.1016/j.metabol.2024.155999. Epub 2024 Aug 14. PMID: 39151887.

Chen QF, Zou J, **Katsouras CS**, You S, Zhou J, Ge HB, Liu C, Zhou X, Ni C, Peng Y, Hong C, Lin WH, Zhou XD. Clinical Characteristics and Outcomes in Patients With Apical and Nonapical Hypertrophic Cardiomyopathy.

J Am Heart Assoc. 2024 Sep 18:e036663. doi: 10.1161/JAHA.124.036663. Epub ahead of print. PMID: 39291501.

2023

Katsouras CS, Papafaklis MI, Giannopoulos S, Karapanayiotides T, Tsivgoulis G, Michalis LK. Cerebro-/Cardiovascular collateral damage during the COVID-19 Pandemic: Fact or Fiction? (Review article)

Journal of Clinical Neurology (J Clin Neurol). 2023 Jan;19(1):1-11.

doi: 10.3988/jcn.2023.19.1.1. PMID: 36606641; PMCID: PMC9833878.

Lakkas L, **Katsouras CS**. (Correspondence) Echocardiography in acute pulmonary embolism.

Korean J Intern Med. 2023 Jun 9. doi: 10.3904/kjim.2023.006. (Epub ahead of print).

PMID: 37291837.

Xiao-Dong Zhou, Qin-Fen Chen, **Christos S. Katsouras**, Prabhjot S. Nijjar, Kenneth I. Zheng, Haihui Zhu, MM; Mengge Gong, MM; Qingcheng Lin, Youkai Jin, Weijian Huang, Peiren Shan Clinical outcome after left ventricular thrombus resolution: who needs long-term or lifetime use of anticoagulants?

Lakkas L, Naka KK, Bechlioulis A, Duni A, Moustakli M, Balafa O, Theodorou I, **Katsouras CS**, Dounousi E, Michalis LK. Coronary microcirculation and left ventricular diastolic function but not myocardial deformation indices are impaired early in patients with chronic kidney disease.

Echocardiography. 2023 May 25. doi: 10.1111/echo.15598. Epub ahead of print. PMID: 37229577.

Bouratzis V, **Katsouras C**, Lakkas L, Bechlioulis A, Michalis LK. Ascending aorta thrombosis in a patient with COVID-19 who was already receiving anticoagulation therapy.

European Heart Journal – Case Reports (Cardiovasc Flashlight, Cardiovasc Imaging)

2023;7(6),1-2. ytaad268, <https://doi.org/10.1093/ehjcr/ytaad268>

Siaravas KC, **Katsouras CS**, Sioka C. Radiation Treatment Mechanisms of Cardiotoxicity: A Systematic Review.

Int J Mol Sci. 2023 Mar 27;24(7):6272. doi: 10.3390/ijms24076272. PMID: 37047245;

PMCID: PMC10094086.

Ballas C, Lakkas L, Kardakari O, Konstantinidis A, Exarchos K, Tsiara S, Kostikas K, Naka KK, Michalis LK, **Katsouras CS**. What is the real incidence of right ventricular affection in patients with acute pulmonary embolism?

Acta Cardiol. 2023 Aug 15:1-10. doi: 10.1080/00015385.2023.2246197. Epub ahead

of print. PMID: 37581357.

Rammos A, Bechlioulis A, Kalogeras, P, Watson CJ, Salvo P, Lomonaco T, Kardakari O, Tripoliti EE, Goletsis Y, Fotiadis DI, **Katsouras CS**, Michalis LK, Naka KK. The Potential Role of Salivary NT-proBNP in Heart Failure.

Life 2023, 13, 1818. <https://doi.org/10.3390/life13091818>

Katsouras CS, Tousis A, Vasilagkos G, Semertzioglou A, Vratimos A, Samara I, Karanasiou G, Loukas VS, Tsigkas G, Fotiadis D, Michalis LK, Davlourous P, Moulas AN. Safety and Efficacy of an Innovative Everolimus-Coated Balloon in a Swine Coronary Artery Model.

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doi: 10.3390/life13102053. PMID: 37895434; PMCID: PMC10607937.

Bouratzis V, **Katsouras C**, Lakkas L, Bechlioulis A, Michalis LK. Multiple arterial aneurysms coexisting with giant right coronary artery aneurysm: an easy diagnosis by non-invasive imaging methods *European Heart Journal-Case Reports* 7 (10), ytaad478

Karanasiou GS, Loukas VS, Siogkas P, Sakellarios AI, Tachos NS, **Katsouras C**, Moulas A, Ioakimidis K, Chatzimichailidis A, Semertzioglou A, Vratimos A, Spyridonidis I, Michalis LK, Fotiadis DI. Cleverballoon: An integrated approach for developing a drug-coated balloon with everolimus.

Annu Int Conf IEEE Eng Med Biol Soc. 2023 Jul;2023:1-4.

doi: 10.1109/EMBC40787.2023.10340583.PMID: 38083146

Sakellariou X, **Katsouras CS**, Papafaklis MI, Floros C, Michalis LK, Karpaliotis D. Absolute zero-contrast percutaneous coronary interventions: An intravascular ultrasound-guided case series and literature review.

Cardiovascular Revascularization Medicine 2023, ISSN 1553-8389,

<https://doi.org/10.1016/j.carrev.2023.12.008>.

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