

## **CURRICULUM VITAE**

**Sophia Tsabouri MD, PhD**

**Professor of Pediatrics-Pediatric Allergy**

**December 2023**

### **Education / Training**

1990-1997: Medical School of Ioannina, University of Ioannina, Greece-Bachelor of Medicine

2004: MD Thesis-Medical School of Ioannina

2007: Board Certification of Pediatrics

2007-8: Dept of Pediatric Allergy, St Thomas' s Hospital, Kings College London University, London, UK (Prof. Gideon Lack) Subspeciality training

2008-10: Dept of Pediatric Allergy, Allergology Department of Penteli Children's Hospital, Athens, Greece Subspeciality training

2011: Education and training committee - Pediatric Allergology

Diploma of pediatrician allergist of the European Society of Pediatric Allergy and Clinical Immunology (ESPACI)

2018: Short training program -University Hospital of Geneva in the pediatric allergology department for children and adolescents (Professors: Philippe Eigenmann, Jean-Christoph Caubet)

### **Posts**

October 1997- June1999: Senior House Officer in General Medicine -Compulsory Country Service Health Clinic of Derviziana, Greece

July 1999 – Feb 2007: For the first two years- Senior House Officer in Pediatrics, General District Hospital of Kastoria, Thessaloniki Greece and for the last years Registrar in Pediatrics, Pediatric Department, University Hospital of Ioannina, Greece

1st May 2007- 30th July 2008: Clinical Research Fellow in Pediatric Allergy, St Thomas' & Guys NHS Trust, Kings College London University, UK

1st Sept 2008- 30th Sept 2010: Clinical Fellow in Pediatric Allergology, Allergology Department of Penteli Children's Hospital, Athens, Greece

12/11/ 2011- 9/7/2015: Lecturer in Pediatrics-Pediatric Allergology, Pediatric Department, University Hospital of Ioannina, Greece

10/7/2015- 31/12/2018: Assistant Professor (tenured position) in pediatrics /pediatric allergy, Dept of Pediatrics, Child Health Department, University Hospital of Ioannina, Greece

31/12/2018-26/12/2019: Assistant Professor (permanent position) in pediatrics /pediatric allergy, Dept of Pediatrics, Child Health Department, University Hospital of Ioannina, Greece

27/12/2019-5/9/2023: Associate Professor in pediatrics /pediatric allergy, Dept of Pediatrics, Child Health Department, University Hospital of Ioannina, Greece

5/9/2023-11/12/2023: Professor in pediatrics /pediatric allergy, Dept of Pediatrics, Child Health Department, University Hospital of Ioannina, Greece

### **Teaching assignments**

#### *To medical students*

The teaching assignment of Dr Tsabouri begins in November 2012, after her election as a Lecturer in Pediatrics of the Medical School of the University of Ioannina and is continuous until today. She has devoted considerable time to clinical and theoretical research training of 5th and 6th year students of the Department of Medicine, School of Health Sciences of the University of Ioannina, while participating in their clinical evaluation and in their oral and/or written exams. She also participates in the oral

presentations of the 6th year medical students in the form of interesting cases both during their three-month clinical training in the Pediatric Clinic, and in student conferences (FOEA) (November 2011-present).

Also, from 2018 until today, Dr Tsabouri participates in the teaching of the courses "Immunology-Allergy-Asthma-Anaphylaxis-Immunotherapy" in the framework of the Master's Program of Studies "Pediatric Pulmonology" of the Department of Medicine of the National and Kapodistrian University of Athens.

*To health professionals (pediatric specialists, pediatricians, nurses)*

From January 2012 until today Dr Tsabouri participates in the post-educational courses of the specialist doctors of the Pediatric clinic, in bibliographic updates, interesting cases, but also in their practical training, in the field of Pediatrics-Pediatric Allergology.

Regular participation (with speeches) in the post-education course program of the Pediatric Clinic of the University General Hospital of Ioannina.

From 2016-2021 (5 years) she participated in the theoretical training of nurses in the post-training program of pediatric nurses in the care of respiratory and allergic diseases (from the Department of Nursing of the Greek University of Athens, in collaboration with the Pediatric Pulmonology and Pediatric Allergology Unit of the 3rd Pediatric Clinic of the Department of Medicine EKPA and with the Society of Nursing Studies).

### **Lectures**

Dr Tsabouri has held more than 120 lectures as an invited speaker at conferences, seminars and other scientific events locally and abroad, in the field of Pediatric Allergology.

## **Research projects-Scientific Interests-Funded research programs**

The research activity of Dr Tsaouri includes: (a) study of the genotype of glutathione-thiotransferase in hematopoietic tissue malignancies: Doctoral Dissertation (Laboratory of Genetics, Medical School of the University of Ioannina), (b) study of the side effects and adaptation of children with allergic rhinoconjunctivitis to sublingual immunotherapy (Clinical Research Fellow, Department of Pediatric Allergy, St Thomas' Hospital, Evelina Children's Hospital, London), (c) recording the incidence of allergy to local anesthetics after investigation in specialist allergology centers in the United Kingdom (Clinical Research Fellow, Department of Pediatric Allergy, St Thomas' Hospital, Evelina Children's Hospital, London), (d) systematic review on the treatment of refractory, uncontrolled allergic rhinitis in children, (g) coordination in the study of recording and evaluating cases of anaphylaxis in Pediatric Departments /Clinics of Greece in the period 2019-2021, (e) atopic dermatitis in children: Clinical severity, quality of life of patients and their families, and aggravating factors, (f) study of blood biomarkers in acute and chronic urticaria in childhood, (g) investigation of the effect of genetic factors on children's allergies, (h) correlation of atopy and inflammatory markers in patients with airway diseases and (i) investigation of drug allergy in Epirus and the wider region of NW Greece.

In addition, Dr Tsaouri is institutionally & scientifically responsible for the European program Horizon 2020. Stance4Health-"Smart Technologies for Personalized Nutrition and Consumer Engagement".

## **Scientific-writing projects**

### *Books-Publications*

1. Doctoral thesis in the Department of Pathology of the School of Medicine of the University of Ioannina on the subject: "Association of glutathione thiotransferase genotypes with hematopoietic tissue malignancies", on June 29, 2004, with a grade of "Excellent".

2. Writing chapters in 4 Greek books:

(a) Participation in the commentary of the 1st chapter: "Position of unanimity for the diagnosis and treatment of asthmatic paroxysm" in the book "Hellenic Unanimities" by the Hellenic Pediatric Pulmonology Society, Athens 2011 publications, (b) First author of the chapter: "Allergy" in book "Epitomi Pediatric Pneumology", publications Athens 2013, (c) First author of the chapter: "Drug allergy" and the chapter: "Food allergy" as well as last author of the chapter: "Anaphylaxis" in the book "Pediatric Pneumology", edited by Priftis K , Anthrakopoulos M, Gotsi publications, (d) First author of the chapters: Anaphylaxis (p. 492), Urticaria and angioedema (p. 501) Drug Allergy (p. 511) in the book: Pediatric Pneumology, Technochoros Publications 2021.

3. Author-Contributor on the book: The Healthy Child-Introduction to Pediatrics and first author on the chapters: vaccines, infant and toddler nutrition, immune system and respiratory system, Neon Publications 2022.

4. Participated in the writing of chapters in 3 international books: (a) Author of the chapter Vitamin D, parathormone and formula feeding in the book "Handbook of dietary and nutrition aspects of bottle feeding", edited by Victor R. Preedy, Ronald Ross Watson and Sherma Zibadi. Human Health Handbooks no. 8, Wageningen Academic Publishers 2014, (b) First author of the chapter: Food Allergy in children in the Book: Food Allergy: Methods of Detection and Clinical Studies, Chapter 2, pages 34, CRS press, Edition 2016 , (c) Author of the chapter: Natural History of Food Protein Induced Enterocolitis in Children in the book: Food Protein Induced Enterocolitis in Children, pages 30, in press, Edition 2018.

#### *Complete publications in international scientific journals*

A. Full publications in international journals with IF (source: PubMed)

The total number of almost 200 foreign language publications in international scientific journals. The type of publications are scientific opinions – statements, research studies, reviews, systematic reviews-meta-analyses, description of cases. These publications have received more than 3100 citations, and an h-index 28

## B. Publications in the form of abstracts in international scientific journals

The total number of publications in the form of abstracts in international scientific journals amounts to about 30.

## C. Announcements at scientific conferences

The total number of announcements at scientific conferences amounts to about 80, of which 30 are international conferences.

## **Organizational and administrative work**

*At the clinical level, Dr Tsaouri's organizational work concerns the following:*

- January 2012-present: Coordination of a pediatric allergy outpatients clinic at the University General Hospital of Ioannina
- January 2012-present: Head of the Educational Program (bibliographic updates, presentation of interesting cases) of the Pediatric Clinic of the University General Hospital of Ioannina
- Coordinator of a three-member committee, responsible for the opinion on lifting the mandatory vaccination against COVID 19. The position was appointed by the Ministry of Health / 6th Health Region, 8th 2021.
- On-call program manager of the COVID clinics at the University General Hospital of Ioannina (26/2/21-30/6/22).

*At the university level, Dr Tsaouri's organizational work concerns the following:*

- Coordinator of the internal evaluation team of the Department of Medicine (OM.EA).
- Member of the Extraversion Committee of the Department of Medicine, University of Ioannina 2023
- Member of the Department of Medicine's Health Committee for COVID-19 issues

- Substitute member of a three-member committee for the evaluation of applications for the preparation of a doctoral thesis in the Child Health Sector of the Department of Medicine for the academic year 2019-2023.

*At the level of conferences and scientific events, Dr Tsabouri organizational work concerns the following:*

- Member of the scientific committee of Greek conferences
- Member of the organizing committee of Greek scientific events (as a chair in most of them)
- Member of the organizational and scientific committee at European conferences

### **Reviewer**

Dr Tsabouri is a reviewer in international scientific journals, mainly in Pediatric Allergy Immunology (IF5,464), as well as in 13 other international journals.

She is also a peer-reviewer in scientific opinions (about 2 every 2-3 months) at the EFSA-Expert Panel for Food Allergens and Novel Foods (European Food Safety Authority) from 2018-present.

### **Member of scientific associations, committees, and medical associations**

- Member of: Expert Panel on Food Allergens and Novel Foods of EFSA (European Food Safety Authority) since 2018. EFSA undertakes most of its work following requests for scientific advice from European Commission, the European Parliament and EU Member States. The NDA panel deals with issues related to nutrition, novel foods and food allergens.
- Member of the European Academy of Allergy and Clinical Immunology (EAACI)- Secretary of the EAACI Pediatric Section since 2008. EAACI is an association of clinicians, researchers and allied health professionals, dedicated to improving health

of people suffering from allergic diseases with more than 13,000 members from 124 countries and over 50 National Allergy Societies.

- Chair as a representative of the Greek Pediatric Allergy Society, member of the EAACI National Allergy Societies.
- National representative of specialists for the certification as European Specialist in Pediatric Allergology (the certification is conducted by the European Training Committee – Pediatric Allergology (ETC-PA) – Pediatric Allergology).
- Chair of the Greek Pediatric Allergology Society